



Robert Bloomfield Academy: Key Stage 2 Grade Descriptors – PE Athletics



KS2 Age Related Expectations	Performance of skill <i>Pupils will be assessed on skills listed below when performed in isolation or unopposed practice.</i> <i>Pupils skills should be shown in increasingly progressive, pressured and demanding drills, which could include some direct competition but with no intended outcome at the end of the drill/practice (i.e. not shown in a full game).</i>	Application of skills and decision making <i>Pupils will be assessed on the quality of appropriate skills, their ability to consolidate and build on their knowledge of the skills, techniques and decision-making processes to meet the challenges of a conditioned/formal/competitive situation, including using the appropriate skills/techniques:</i>	<u>Analyse and Evaluating</u> <i>Pupils should: confidently and effectively share feedback on themselves and other performances.</i>
6 Exceeding	Can perform a jump/throw from a run up with the correct technique with some consistency. Can run with good pacing skills, showing ability to push threshold at the start and end of a race. Can sprint with relaxed technique and demonstrate the correct technique for a sprint start.	Shows a range of more complex techniques and tactics when playing in a competitive/pressurised situation.	Can independently recognise strengths and weaknesses in their own performance and others performances and explain them with confidence some improvements.
6 Secure	Can perform a jump or throw from a run up with the correct technique. Can run at a constant pace according to fitness level and make short bursts where needed. Can show a good reaction time at the start of a race.	Can use a range of techniques and tactics when playing in competitive situations. Has good understanding of field and track event concepts.	Is able to analyse others skills in practice and offer advice on how to improve.
6 Developing	Can perform a jump or throw with the correct technique from a standing position with some consistency, resulting in gradual improvement over time. Can run at a constant pace according to fitness level and can sprint at a maximal pace.	Can consistently demonstrate techniques and tactics but can lack consistency when under pressure in a competitive situation.	Able to be able to recognise strengths/weaknesses in their own performance and try to correct them.

6 Beginning	Is beginning to be able to perform a jump or throw with the correct technique from a standing position with some consistency. Is beginning to be able to run at a constant pace according to fitness level. Is also able to sprint at a maximal pace for ability.	Can demonstrate some basic techniques and strategies when competing.	Can recognise strengths/weaknesses in other performance and can show/discuss how to correct them.
5 Secure	Can perform a jump or throw with the correct technique and vary the amount of power used. Can use knowledge of skills to plan and carry out performance with some success.	Can compete in low [pressure scenarios with some confidence and can apply knowledge/understanding of field/track events some of the time.	Is able to recognise when a mistake is being made in their own performance but unable to correct it.
5 Developing	Can occasionally perform a jump or throw with the correct technique and show improvements over time to improve their personal best. Struggles to run at a constant pace according to fitness level but can sometimes make short bursts where needed.	Is starting to apply some of the basic skills from given events to a more competitive scenario but the environment is often passive and controlled.	Can observe others and recognise strengths and weaknesses and sometimes give suggestions that will help them to improve.
5 Beginning	Can sometimes perform a jump or throw with the correct technique from a standing position. Lacks the ability to pace themselves in a distance event. Can sprint at maximal pace but lack technique.	Enjoys taking part in track/field events but struggles to select the correct skill/technique and maintain involvement.	Can recognise some faults but lacks knowledge of how to correct them.
Level 4 Core Skills	<p>Developing/Learning:</p> <ul style="list-style-type: none"> -Awareness of time, distance & speed. -Fluency & coordination in running for speed. -Acceleration from a stationary position. -Fluency & rhythm in movements. Spatial awareness, judgment of height & distance. -Awareness of speed & pace judgement. -Fluency in running & walking activities. 	<p>Learning how to apply these core skills into game based and fun activities. Enjoys taking part in practical activities.</p> <p>Working as a team and trying to improve personal best.</p>	Able to vocalise their enjoyment of practical activities. Can describe how taking part made them feel. Highlights what their favourite part of a lesson was. Can describe how their body feels during/after taking part practically.

	<ul style="list-style-type: none">-Understanding of what happens to our bodies with exercise.-How to send an object with force and accuracy.-Awareness of distance.-Variety of jumping techniques and applying control, body position and coordination.		
--	--	--	--