

# Classroom Accommodations to Help Students With ADHD

What classroom accommodations can help students with ADHD? Here are some things teachers can try.

## for Classroom Learning



- Have student sit close to the teacher and away from windows and doors.
- Increase space between desks.
- Have teacher stand near student when teaching.
- Provide foot rests, seat cushions or resistance bands on chair legs to help satisfy need to move and improve focus.

## for Organization



- Use assignment notebook.
- Provide an extra set of books to keep at home.
- Provide folders and baskets of supplies to keep desk organized.
- Color-code materials for each subject.
- Provide written schedule for daily routines.

## for Classwork and Taking Tests



- Provide worksheets with fewer questions and problems.
- Give frequent short quizzes, rather than one long test for each unit of work the teacher goes over.
- Give extra time and quieter space for work and tests.
- Allow student to answer questions out loud, or fill in the blanks.
- Allow word processing on computer.
- Give credit for work done instead of just taking away points for late or partial assignments.
- Break long assignments into smaller chunks.
- Don't grade for neatness.

## for In-Class Learning



- Give directions out loud and in writing.
- Use pictures and graphs.
- Have a buddy take notes for the student.
- Give the student the lesson outline.
- Check to make sure the student understands the lesson.
- Keep instructions simple and clear.
- Create a "signal" to get the student's attention. This could be a sticky note on the desk or a hand on a shoulder.

## for Behavior



- Use a behavior plan with a reward system.
- Praise good behavior. Ignore other behavior as long as it isn't disruptive.
- Talk through behavior problems one-on-one.
- Monitor frustration. Check in with student to understand his mood.