PSHCE Learning Journey

Possible future career paths: teaching, counsellor/ support worker, politics, citizens' advice, nursing

YEAR 8

RELATIONSHIPS & SEX ED
- Assessment
- Revision
- Contraception
- HIV & AIDS
- STIs
- First sex and responsibility

SPIRITED ARTS
- Attraction
- What makes a healthy relationship?
- Road safety
- Spirited arts competition
- How religions use art
- Strategies for dealing with misuse
- Effects of drugs

DRUGS
- What is consent?
- Baseline Quiz
- Knife crime
- Misuse of 999
- Revision/ Assessment
- County Lines
- Laws and school policy
- Revision/Assessment

SUFFERING AND SOLUTIONS
- Why are people atheists?
- Why are people religious?
- Amnesty International

AUTHORITY
- Democracy
- Holy Books
- Rights of a child

EQUALITY
- Prejudice & Discrimination
- Religious discrimination/Holocaust
- Religious suffering
- Sweat shops
- How can God allow suffering?
- Period poverty
- Fairtrade
- Gurdwara
- What is the Khalsa?
- Who are Sikhs? What do they believe?

YEAR 7

RELATIONSHIPS & SEX ED
- Hygiene
- Self-esteem
- Romance
- Revision
- Cyberbullying
- How can we manage our online relationships?

SPIRITED ARTS
- Puberty and body image
- Friendship
- Assessment
- Spirited arts competition
- How religions use art
- Assessment
- Non-religious afterlife
- Views of afterlife
- What is a growth mindset?

MANAGING CHANGE AND LOSS
- Compare funerals
- Why take drugs?
- What are the categories of drugs?

DRUGS
- How do relationships change and what support is available?

FAMILY
- Different types of family
- Animal rights
- Christian charity
- Christian creation
- What is a carbon footprint?
- Baseline Assessment
- What is pollution?
- Evidence Vs Faith
- Recognising beliefs

LOOKING AFTER THE WORLD
- Muslim/Hindu funerals
- Loss and emotions
- Diversity/ prejudice
- Alcohol laws
- Muslim family relationships
- Roles of the family
- Assessment
- Revision Quiz

YEAR 6

HOW CAN WE MANAGE RISK?
- NSPCC Share aware—what are the dangers of sharing pictures online?
- Making your mind up
- Keep it safe
- In an emergency
- Basic life support
- Emotional changes
- Changing bodies
- Just the way you are

FIRST AID
- What are the risks?

WHAT MAKES A HEATHLY AND HAPPY RELATIONSHIP?
- What is tax?

HOW CAN MONEY AFFECT US?
- You are responsible
- What are the dangers of chatting to strangers online?
- Head injuries/Bites & Stings/ Bleeding/Asthma/Choking
- What different types of relationships are there?
- Fair Trade
- What impact do drugs and alcohol have on our bodies?
- What does a balanced lifestyle mean?
- Mental health and keeping well
- Do human rights change?
- Are everyone's rights met?
- What are the risks and consequences of borrowing money?

HOW CAN WE STAY HEALTHY?
- Why might we need a budget?
- What would you do?
- Why is sleep important?
- How can we manage challenges and change?

WHAT ARE HUMAN RIGHTS?
- Are you rights-respecting?
- Know your rights
- Do human rights apply to everyone?
- Human rights heroes

YEAR 5

KEEPING SAFE & HEALTHY LIFESTYLES
- What can people do to keep their mind healthy?
- What makes a balanced life-style?
- Whose responsibility is our health & safety?

KEEPING SAFE & MONEY MATTERS
- Privacy rights
- What do we mean by value for money?

BODY BUSINESS
- What happens to peoples' bodies as they grow up?
- How can we tell if an image is true?
- What are the different types of relationships?

WHAT DOES DISCRIMINATION MEAN?
- What impact can our choice of words have on others?
- What is prejudice and discrimination?
- What are the similari-ties and differences between people?
- What are the consequences of my actions?
- How can we help in an emergency?
- Stereotypes
- How can we be safe online?
- What are the risks and effects of drugs and other substances?
- Mobile phone safety
- What is a critical consumer?

WHAT MAKES A COMMUNITY?
- What kind of people live in Britain?
- What is a community?
- New beginnings
- What is a growth mindset?
- Class charter

NEW SCHOOL & BE YOURSELF
- How do other peoples' lives differ to ours?
- How can we make a difference?
- Proud or boastful?
- What makes an effective learner?
- My achievements

welcome

"Do not judge me by my success, judge me by how many times I fell down and got back up again." Nelson Mandela