



I Can Statement – Autumn term

Year 7 Subject: Dance

Topic Overview:

Students explore the following topics; To understand the health and safety aspects of dance and how to perform a dance specific warm up. Students will then recap the five basic dance actions and will be given a stimulus to perform as a whole class. They must perform the 5 basic actions in their routines and will explore the four strands in KS3 Dance – Actions, Dynamics, Space and relationships. In the second half term, students create a University Day Out dance with a focus on pedestrian movement, characterisation & motif. This topic gives an opportunity to explore career pathways, use of Oracy & literacy skills and exploring advance performing techniques.

Unit/Topic: Dance specific warm up & University Day Out		RAG Rating:		
Content:		Start of Topic	End of Topic	Teacher
1.	I can safely perform a dance specific warm up			
2.	I can perform the 5 simple dance actions			
3.	I can develop dynamics, space and relationships into a routine			
4.	I can choreograph pedestrian movement in dance			
5.	I can show characterisation throughout my performance			
6.	I can perform a narrative about Careers in dance			
7.	I can be in time with the music when I perform			
8.	I can use different pathways in my performance			
9.	I can write a diary entry about my first day at University			
10.	I can give a Green Great and Pink think for my diary entry			



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